



## Reform Physical Therapy

169 Port Road, Suite 21, Kennebunk



*Don't neglect your health, reform it*

207-204-0679

[www.facebook.com/reformptisthebest](https://www.facebook.com/reformptisthebest)

@reform\_physical\_therapy on Instagram

### How long has Reform Physical Therapy been open?

Our flagship clinic in Topsham opened in 2006 under a different name. The name change to Reform Physical Therapy became official on 1/1/18. Reform of Yarmouth opened 11/2018. Reform of Kennebunk opened 11/30/20.

### Your primary service offered:

One-on-one, individualized, hands-on physical therapy, post-concussion care, and strength training! Our therapists have experience and continuing educational certifications to treat most bodily issues.

### What makes Reform PT special?

We treat the individual, not just the injury! Our therapists truly only treat in a one-on-one setting, allowing them to best familiarize themselves with each patient's unique restrictions, goals, and needs. Each patient's treatment plan is specifically tailored to offer them the most time- and cost-efficient solutions to their aches and pains.

### Best thing you do:

We care for people. We care for people with acute and chronic injuries, as well as people recovering from surgery and concussions. At Reform, we know that pain doesn't just equal pain. Pain equals missed opportunities, altered plans, and altogether limits the enjoyment life offers. We care, we hear you, and we can help.



Bobby Cochrane, PT, DPT, SCS, CSCS

### Something people don't realize about your service?

Bobby Cochrane, PT, DPT, SCS, CSCS is one of just ten Sports Clinical Specialists in the entire state of Maine! His SCS board certification offers increased competency in evaluation, treatment, and resolution of sport-related injuries.