



# THE ANCHOR

JULY 14, 2023

## Get ready to *RUN*



Register by June 7, 2023 for a free t shirt!

### CARING UNLIMITED'S COMMUNITY 5K RUN & WALK

July 16th, 2023

Kids' Fun Run: 8:30 AM | 5K: 9 AM

A unique, family friendly 5K course along Kennebunk's beautiful beaches  
Race starts/ finishes at the KBIA (Kennebunk Beach Improvement Association)  
buildings: 262 Beach Ave., Kennebunk

Register, fundraise, or donate  
[caring-unlimited.org/community5K](http://caring-unlimited.org/community5K)



Scan to Register



WITH LEAD SPONSOR



All money raised benefits Caring Unlimited's programs and services  
QUESTIONS? EMAIL [LANEY@CARING-UNLIMITED.ORG](mailto:LANEY@CARING-UNLIMITED.ORG) | SPONSORSHIP OPPORTUNITIES AVAILABLE



## Ride ME

**Services:**  
Local Rides  
Airport/Train/Bus Transport  
Weddings  
Special Events



Scan QR code or visit:  
[www.ridemekpt.com](http://www.ridemekpt.com)



## 5K WALK/RUN

To benefit The Kennebunk Free Library

### FRIDAY, JULY 14 6:00 PM

PREREGISTER ONLINE BY WED., JULY 12:

[WWW.KENNEBUNKLIBRARY.ORG](http://WWW.KENNEBUNKLIBRARY.ORG)

Online: \$22 Seniors (70 &amp; up) / \$25 Adults / \$15 Youth (14 &amp; under)

PRIZES FOR TOP MALE AND FEMALE FINISHERS IN 9 AGE CATEGORIES

LIVE MUSIC, CROTUX CATERING, AND BEER ON THE LIBRARY LAWN AFTER THE EVENT

For more information, call (207)985-2173 or visit us online at [www.kennebunklibrary.org](http://www.kennebunklibrary.org)

Thank you to our Event Sponsor!

Thank you to our Diamond Sponsors!



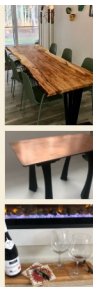
**Kennebunk  
Savings**  
PURPOSE DRIVEN.



## Barn & Mill Gallery



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Open Daily  
10am - 5pm

Pet Boutique

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207.967.2775 | [ScalawagsPetBoutique.com](http://ScalawagsPetBoutique.com)

Treats & Toys  
Collars  
Leashes  
Harnesses  
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Spa  
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for Dogs &amp; Cats

## RAPTOR FALLS MINI GOLF & ICE CREAM

1912 PORTLAND RD  
ARUNDEL ME  
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[www.raptorfalls.com](http://www.raptorfalls.com)



ANIMATRONIC DINOSAURS!!!



## Home Auto Life Business

Insurance For When It Happens

10 Main St., Suite 201, Kennebunk  
(207) 247-4959  
[jonathan@kasprzakinsurance.com](mailto:jonathan@kasprzakinsurance.com)



## SCENIC RAILWAY TROLLEY RIDES

Wednesdays - Sundays 9:30AM-4:30PM | Last ride departs at 3:45PM

Purchase tickets at [www.trolley-museum.org](http://www.trolley-museum.org) or at the door.

**Maine  
Day Ventures**  
Culinary ♦ History  
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## HURLBUTT DESIGNS

INTERIOR DESIGN  
FINE HOME FURNISHINGS  
UNIQUE GIFTS

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## 173 MERCANTILE

EVERYTHING FOR THE  
HOBBYIST, ADVENTURER,  
TASTEMAKER, & GIFT GIVER  
[173mercantile.com](http://173mercantile.com)





# Annual BLUEBERRY FESTIVAL & Craft Fair

**JULY 22, 2023**  
9AM - 3 PM

**114 MAIN STREET  
KENNEBUNK, ME**

*Free Admission*

**GOOD FOOD  
UNIQUE CRAFTS  
LIVE MUSIC**

**FIRST PARISH**  
of Kennebunk  
LIGHTING THE WAY FORWARD

Instagram and Facebook icons

UUKENNEBUNK.ORG

## The Creative Soul July Events

JULY 6	Adult Art Night/Open Studio Location: The Creative Soul	\$15+	6pm
JULY 20	Adult Art Night/Open Studio Location: The Creative Soul	\$15+	6pm
JULY 26	Paint Your Pet Workshop Location: TipToe, LLC Eco Marketplace	\$50	5:30pm
JULY 27	Adult Art Night/Open Studio Location: The Creative Soul	\$15+	6pm
JULY 28	DIY Tote Bag Painting Location: The Creative Soul	\$30	6pm

### Wednesday Morning Kid's Classes

JULY 5	DIY Tic-Tac-Toe Travel Game Location: The Creative Soul	\$10	10am
JULY 19	Succulent Rock Painting Location: The Creative Soul	\$10	10am
JULY 26	Make Your Own Tote Bag Location: The Creative Soul	\$10	10am

TO RESERVE YOUR SPOT VISIT [THECREATIVESOULME.COM](http://THECREATIVESOULME.COM)

## Public Welcome ESTATE SALE

**July 14, 15, 16**  
Friday, Saturday, Sunday  
9 a.m. – 3 p.m. daily

Oceanside Lane  
Kennebunk, ME 04043  
(Located in the shadow of the Narragansett condos off Beach Ave.)

Filled to the Brim with local Kennebunk memorabilia and art!  
Vintage collectibles, Frankoma pottery, Asian artifacts,  
LARGE selection of cinnabar, baseball cards, jewelry.  
And so much more!

Visit our website for photos and description of sale contents.  
[www.antiquesandestatesalesme.com](http://www.antiquesandestatesalesme.com)

*Be the FIRST in Line!*

FMI: Sandy Gnidziejko  
**Little River Antiques & Estate Sales**  
(207) 751-6466 [sfgnidziejko@gmail.com](mailto:sfgnidziejko@gmail.com)

## Ice Cream Night

Every Wednesday in July & August | 5:30PM-7:30PM

**Delicious Ice Cream Sundae and Evening Trolley Rides!**  
\$12/person (children 2 and under are free). Dairy free ice cream available.  
Local Nonprofits receive 50% of the proceeds!

July 5	July 12	July 19	July 26	August 2

For more information and to purchase tickets, visit [www.trolley museum.org/events](http://www.trolley museum.org/events)

## DANIEL TIGER VISITS SEASHORE

**Saturday & Sunday July 22 & 23 | 10AM-4PM**

Online ticket sales begin May 1 at [trolley museum.org](http://trolley museum.org)

## FREE STORY TIME

WEDNESDAYS-FRIDAYS JULY 19 - AUGUST 18 | 10:30AM

Visitors Center Exhibit Room | Bring a picnic lunch to enjoy after!

## CRAZY HAT DAY

**Saturday July 15 | 9:30AM-4:30PM**

Wear a crazy hat that wouldn't be worn on a regular day and get free admission!

To purchase tickets visit [trolley museum.org/events](http://trolley museum.org/events)

## BRICK STORE MUSEUM

history • art • culture

**Wool Week**  
July 17- July 21 (10:00 am - 12:30pm)  
Grades 3-8  
Instructor: Beth Crowe

Students will spend the week learning the process of how to take raw, unwashed sheep wool and clean, dye, pick, card and spin it into yarn. On the last day of the camp when students successfully made yarn from fleece they will finish with a spinning circle.

\$150

**In the Maine Studio**  
July 24- July 28 (10 am - 12:00 pm)  
Grades 1-5  
Instructor: Elizabeth Winter

Students will learn about Maine Artists past and present and their impact on the art world. Inspired by these artists work students will create in the studio applying drawing, painting and printing techniques.

**Community Art**  
July 31- August 4 (10:00 am - 12:00 pm)  
Grades 3-8  
Instructor: Elizabeth Winter

Students will work together on all projects learning to collaborate, compromise and develop a collective vision on projects. Students will create and complete a community art piece.

\$135

Sign up here: <https://brickstoremuseum.org/calendar/>

## COVE WALKS

At high tide, The Cove fills with 6 to 8 feet of water suitable for our boating, kayaking and stand-up paddleboarding classes. At low tide, it's a natural habitat for all kinds of living creatures!

THIS SUMMER JOIN US FOR A COVE WALK, A GREAT ACTIVITY FOR FAMILIES WITH KIDS OF ALL AGES. PLEASE REGISTER AT THE OFFICE PRIOR TO THE WALK. COST IS \$25 PER FAMILY.

**SATURDAY, JULY 1 ..... 2-4 PM**  
**SATURDAY, JULY 15 ..... 2-4 PM**  
**SATURDAY, JULY 29 ..... 1 TO 3 PM**  
**SATURDAY, AUGUST 12 ..... 2-4 PM**

**KBIA 2023**

## JULY EVENTS

LOUIS T. GRAVES MEMORIAL PUBLIC LIBRARY

<b>PETER BOIE MAGIC SHOW</b> JULY 12 10:30 AM	<b>YOGA WITH VIRGINIA WILLIAMSON</b> JULY 12, 13, 14, 15, 17 & 19, 20, 21, 22, 24 9:00 AM
<b>JANET WENTWORTH &amp; MARK GUNTHER CONCERT</b> JULY 13 6:00 PM	<b>CHRIS VAN DUSEN CLASSIC CAR MUSEUM</b> JULY 15 10:00 AM
<b>SPARKS ARK</b> JULY 18 1:00 PM	<b>BANJO JIMMY</b> JULY 20 10:30 AM
<b>BEAU DALLO CONCERT</b> JULY 25 6:00 PM	<b>Friday Storytime, Book Groups, Writing Group, Tech Help, Port Knitters, Portside Readers, What's Your Story, book sale,</b>

# JULY 2023

- JOHN JORGENSEN BLUEGRASS BAND** Saturday, 8 pm
- THE WEIGHT BAND** Thursday, 8 pm
- ZACH NUGENT'S DEAD SET** Friday, 8 pm
- LINDA EDER** Thursday, 8 pm
- ANNIE ROYER** Friday, 8 pm
- ADAM EZRA GROUP** Saturday, 8 pm
- SUSAN WERNER** Sunday, 8 pm
- SONGWRITERS IN THE ROUND** Thursday, 8 pm
- CLASSIC ROCK ORCHESTRA** Friday, 8 pm
- CAROLINE RHEA** Saturday, 8 pm
- MARTIN SEXTON** Friday, 8 pm
- JIM MESSINA** Sunday, 8 pm

**TICKETS AT [VINHILLMUSIC.COM](http://VINHILLMUSIC.COM)**

## the daily sweat YOGA & BARRE

### july events

**WEEKLY OFFERINGS //**  
WEDNESDAY @1030A / MOM + ME CLASSES  
*@ the studio, 65 portland rd.*

**MONDAYS @7P / FRAMES WORKSHOP**  
*@ the studio, 65 portland rd.*

**THURSDAY @6:30P / SWEAT FLOW+BREWS**  
*@ the studio, 65 portland rd.*

**SPECIAL EVENTS //**  
7/11 @ 9A / SWEAT + FLOW  
*@ vinegar hill music theater*

7/11 @545P / VINO+VINYASA  
*@ the wine house, 17 main street*

7/14 @6P / BARRE + BONFIRE  
*@ kennel beach*

7/16 @12P / FAMILY YOGA  
*@ seap deck, wells*

7/18 @11A / PYO WILDFLOWERS + RESTORE  
*@ frinkdog farm*

7/23 @11A / FLOW + SPIRITS  
*@ wild berry wet w*

7/25 @930A / FLOW + PADDLE  
*@ the nonantum, 65 ocean ave*

7/30 @12P / YOGA NIDRA  
*@ the studio, 65 portland rd.*

FOR MORE DETAILS OR TO BOOK YOUR CLASS CHECK US OUT ONLINE.  
[WWW.THEDAILYWEATKENNEBUNK.COM](http://WWW.THEDAILYWEATKENNEBUNK.COM)

### outdoor classes

WED 8:30A COLONY  
FRI 8:30A NONANTUM  
SAT + SUN 9A COLONY