

# HE ANCHOR

JULY 7, 2023







### **YOUNG PROFESSIONALS**

**EXPLORING CAREER & WORK-LIFE BALANCE VALUES WORKSHOP** 





Friday, July 21 | 12-1 PM The Infinity Center; 1 Alewive Park Road, Kennebunk





#### **Services:**

**Local Rides** Airport/Train/Bus Transport Weddings **Special Events** 





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#### wellsreserve at laudholm A PLACE TO DISCOVER

PROGRAMS — JULY 2023



#### WALKS

#### Secrets of the Salt Marsh

Laudholm's Farming Past

Estuary Discoveries

Bird Walks with York County Audubon

Explore the Shore

Flying Jewels (Dragonflies & Butterflies)

Wonderful Weeds Wabanaki Wonderings

Wildlife Track and Sign by the Sea

m-12pm \$13/10 On Site



#### Histoire de la Ferme Laudholm Les Secrets du Marais Salé



#### PRESCHOOL STORY HOUR

#### A Day in the Salt Marsh

WORKSHOP

#### Build a StoryMap



#### The Children's Eternal Rainforest

A Southern Crab in a Warming Gulf

Two Species, Two Coasts (Whales)

Center for Wildlife: New England Natives

#### DEMONSTRATIONS

#### Bird Banding

NE RESEARCH RESERVE 342 LAUDHOLM FARM ROAD WELLS ME 207-646-1555

## Barn & Mill Gallery

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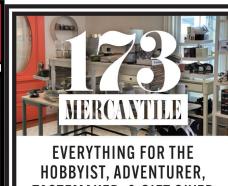


Insurance For When It Happens

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MONDAYS @7P / FRAMES WORKSHOP

SPECIAL EVENTS // 7/11@9A / SWEAT + FLOW

/18 @11A / PYO WILDFLOWERS + RESTORE

7/25 @930A / FLOW + PADDLE

7/30 @12P / YOGA NIDRA







