

THE ANCHOR

May 10, 2024

May is full of things to do!



SHOP LOCAL
WHILE SUPPORTING
THE COS FOOD PANTRY!







15% DONATED TO COS!

COME JOIN US FOR A FUN EVENING OF SHOPPING! THURSDAY, MAY 16TH 4 PM - 7 PM







CARS N' COFFEE IS BACK! MAY 18, 2024 JOIN US FOR COFFEE, DONUTS, AND CAR TALK



MAINE CLASSIC CAR MUSEUM 2564 PORTLAND RD (RTE 1), ARUNDEL

Maine Classic Car Museum

9 AM - 11 AM
AS WE DID LAST SIASON, LOCATION AND GOODIES WILL BE COURTESY OF OUR
SPONSOR. THE MAINS GLASSIC CAR MISTEIN













GOKENNEBUNKS.COM



Choose from one of our many classes 0 workshops or treat her to a gift card, good for any class, open studio or retail products. Enjoy \$5 off the purchase of gift cards now thru may 12th. Use code: MOM5 at checkout.

Plastic gift cards can be purchased at the studio.

(minimum purchase of \$25 applies)



















THECREATIVESOULME.COM



WEEKLY OFFERINGS //

WEDNESDAYS 9:30A MOM + ME

@ the studio, 65 portland rd.

THURSDAYS 9:30A / ADVANCED BOUNCE

@ the studio,, 65 portland rd.

THURSDAY @5:45P / SWEAT FLOW+BREWS

@ the studio, 65 portland rd.

THURSDAY @7P /GUY'S NIGHT

@ the studio, 65 portland rd.

SPECIAL EVENTS //

5/12 ALL DAY- MOTHERS DAY SWEAT, SPARKLE + SEEDS

@ the studio, 65 portland rd. 5/13 @ 11A - MEDITATION CLASS

@ the studio, 65 portland rd.

5/16 @ 5:30P / YOGA NIDRA

@ the studio, 65 portland rd.

WEEK OF 5/25-OUTDOOR CLASSES BEGIN

@ local hotels

FOR MORE DETAILS OR TO BOOK YOUR CLASS CHECK US OUT ONLINE. WWW.THEDAILYSWEATKENNEBUNK.COM





