



# THE ANCHOR

FEBRUARY 2025

## Let's Paint the Town Red!

**Feb. 1st**

**Cocktail Classes at The Burleigh - 2 PM** Celebrate Paint the Town Red with romantic cocktail classes at The Burleigh. Sip, shake, and savor a fun-filled February! The Burleigh 1 Dock Square, Kennebunkport 207-967-3919 [www.kennebunkportinn.com/dining](http://www.kennebunkportinn.com/dining)

**Mixology Class at Ocean - 2 PM** Join us at Ocean, Cape Arundel Inn & Resort, for a romantic cocktail class. Learn to craft classic drinks, infuse fresh flavors, and create elegant garnishes perfect for cozy winter sips. Includes 3 tastings and light bites to pair. Cheers to love! Cape Arundel Inn & Resort 208 Ocean Ave, Kennebunkport 800-514-0968 [capearundelinn.com](http://capearundelinn.com)

**FROSTED! a freezing good time - 8 PM** Join us for the kick-off event of Kennebunkport's Paint the Town Red month. Ice sculptures, signature cocktails, dance music with DJ Chad, a dessert bar, and the GIFFY photo booth. Tickets include one drink. Cash bar available for additional beer, wine, and cocktails. The Boathouse 21 Ocean Ave, Kennebunkport 207-967-8225 [boathouse.com](http://boathouse.com)

**Feb. 6th**

**Paint Night! - 5:30 PM** A play on "Musical Chairs", at this event you will start at your canvas, and paint for 5 minutes- you then move to the canvas next to you and paint something on that canvas for 5 minutes. A truly unique piece to take home! This is a free event, and spaces are limited, email Ashley.Winslow@bangor.com to reserve your spot! Bangor Savings Bank 30 Main St, Kennebunk 877-226-4671 [www.bangor.com](http://www.bangor.com)

**Laser Hollywood Carbon Facial Raffle Prize - 9:30 AM - 5:30 PM** Every Thursday, Enjoy 15% OFF Aesthetic Laser Services, Facials, Brow Laminations & IV Treatments! Walk-in for your chance to WIN a FREE Treatment via our Raffle! 207 Laser 45 Portland Road, Kennebunk 207-807-9376 [207laser.com](http://207laser.com)

**Feb. 7th**

**Wear Red Day - 5:30 AM - 4:30 PM** We're raising awareness of heart disease all month, in many different ways. We sweat to improve our cardiovascular health, we bring friends to help improve theirs as well. wear red to classes all day today to raise awareness about heart health in our community and nation. plus we will be doing a raffle for a gift card to the boutique. What are you waiting for? bring your friends, drop ins



### Paint the Town Red

are just \$5 for all classes, sign up today. The Daily Sweat 65 Portland Road, Kennebunk 207-569-0999 [thedailysweatkennebunk.com](http://thedailysweatkennebunk.com)

**Couples Flow + Sip - 6:15 PM** Yoga is a practice to be shared with those you love. Join us in the studio with your loved one to celebrate all the love they bring to your life + share a special class, followed by a glass of wine or non-alcoholic bubbly. Class is heated + includes partner poses + breathwork + elements of our sweat + flow class (vinyasa style). The Daily Sweat 65 Portland Road, Kennebunk 207-569-0999 [thedailysweatkennebunk.com](http://thedailysweatkennebunk.com)

**Wooden Floral Arrangement and Ceramic Vase Painting—6-8:30 p.m.** Make a winter themed Wooden Flower Bouquet and design your own ceramic vase. While your vase is drying, Katie from Blue Dahlia will give you a tutorial and provide design assistance on how to arrange your own bouquet. She will be bringing flowers already painted and stemmed in a fall inspired color palette, in addition to the painted flowers, she will also bring ivory roses and bark flowers to choose from. There will also be a large variety of greenery and accents to add to your bouquet so you can get as creative as you'd like. No two bouquets will look the same! \$55 per person. The Creative Soul, [thecreativesoul.com](http://thecreativesoul.com).

**Feb. 8th**

**Snow Stroll - 10 AM** KLT will hold for the 4th year in a row our Snow Stroll, a special guided winter nature walk to celebrate the cold season and learn about plants and animals surviving in the cold. Registrants receive a \$5 gift card to the Boulangerie, and a KLT swag package. At the Mousam River

Wildlife Sanctuary on Water Street - just around the corner from Boulangerie! Kennebunk Land Trust 6 Brown Street, Kennebunk 207-985-8734 [kennebunk-landtrust.org](http://kennebunk-landtrust.org)

**Maine-ly Authors: Patricia Leavy - 2 PM** Join us at Cape Arundel Inn & Resort for an enchanting night with celebrated authors, set against the romantic backdrop of the Atlantic. Enjoy captivating stories, complimentary refreshments, and cocktails or bites from Ocean. Make it a perfect evening with dinner overlooking the sea. Cape Arundel Inn & Resort 208 Ocean Ave, Kennebunkport 800-514-0968 [capearundelinn.com](http://capearundelinn.com)

**Art & Amour: Galentines Event - 4 PM** Join us for a night of art, love, and friendship at our Galentines Event! Celebrate art, love, and philanthropy at "Art & Amour," a Galentine's soiree designed to inspire connection and creativity. Join us for an elegant evening showcasing love-inspired art while supporting a meaningful cause. KW Contemporary Art 184 Port Road, Kennebunk 207-204-0480 [kwcontemporaryart.com](http://kwcontemporaryart.com)

**Aphrodisiac Cooking Class & Dinner - 4 PM** Join Caring Community Cuisine (formally Musette) for their Aphrodisiac Cooking Class with dinner to follow featuring oysters, artichoke, avocado, & chocolate. Caring Community Cuisine 2 Pier Road, Kennebunkport 207-204-0707 [exploretock.com/cc](http://exploretock.com/cc)

**Tree Spa Galentine's Party - 5 PM** Celebrate friendship at Cape Arundel Inn with mini spa treatments, tarot readings, bubbles, snacks, raffles, and a DIY bath mix demo. Treat yourselves to love, laughter, and a little pampering! Cape Arundel Inn & Resort 208 Ocean Ave, Kennebunkport 800-514-0968 [capearundelinn.com](http://capearundelinn.com)

**Mixology at Earth - 2 PM** Shake up your February with a romantic mixology class at Earth at Hidden Pond. Craft cocktails with fresh garden ingredients, savor three tastings, and enjoy light bites in our cozy event barn—where love and libations bloom! Earth at Hidden Pond 354 Goose Rocks Rd, Kennebunkport 207-967-6550 [earthathiddenpond.com](http://earthathiddenpond.com)

**Feb. 12th**

**Cocktails, Cupcakes and Romantic Ghost Stories - 6:30 PM** This is a fun event to bring a friend to and sip on a cocktail and try our decadent cupcakes while listening to Diane Lent tell romantic ghost stories as only Diane can! The

For a full list of dining and retail specials as well as stay offers, visit

[LOVETHEKENNEBUNKS.com](http://LOVETHEKENNEBUNKS.com)

Blue 84 Main Street, Kennebunk 207-467-3182 thebluecoffeehouse.com

### **Beaded Bouquet and Candle making.**

Join Jenn from Candlewood to make a beautiful fresh spring scented 12-ounce candle and one gorgeous beaded mini bouquet. You will enjoy a night of fun personalizing your candle, choosing your scents and crafting a unique bouquet no one will believe was crafted by YOU! Artificial flowers are handmade using acrylic beads and metal wire.

They are perfect for daily use and can be placed indoors and outdoors as a stunning eye-catching centerpiece decoration! \$55. The Creative Soul, thecreativesoul.com.

### **Feb. 13th**

**Facial with Dermaplane Raffle Prize - 9:30 AM - 5:30 PM** Every Thursday, Enjoy 15% OFF Aesthetic Laser Services, Facials, Brow Laminations & IV



Treatments! Walk-in for your chance to WIN a FREE Treatment via our Raffle! 207 Laser 45 Portland Road, Kennebunk 207-807-9376 207laser.com

### **Galentine's Night - 3:30**

**PM - 7 :30 PM** grab your gals (or your guy pals, fellas) + celebrate friendship with us. join us for wine, snacks + a sweaty good time. What are you waiting for? bring your friends, buy one get one free drop ins or members enjoy free guests this evening, sign up today. The Daily Sweat 65 Portland Road, Kennebunk 207-569-0999 thedailysweatkennebunk.com

### **Paint & Sip – Lobster on Wood**

Join us at Alisson's in Kennebunkport for a special "Paint the Town Red" event! In this guided paint and sip class, you'll create a charming lobster painting on an 8x8 stained wooden canvas. The lobster design will be pre-sketched, so you can focus on painting and enjoying the process stress-free. Sip on your favorite drink, enjoy great company, and leave with a unique piece of art to commemorate the event. Perfect for all skill levels! \$35. The Creative Soul, thecreativesoul.com

**Pop up Buti Class - 6:30 PM** It's one of our fav days, galentines day! Come with your besties and join us for this pop up buti class. we will sweat, spiral and build community together. buti yoga is a music-driven movement methodology that incorporates dynamic yoga asana, cardio-dance bursts & deep core conditioning. What are you waiting for? bring your friends, buy one get one free drop ins or members enjoy free guests this evening. The Daily Sweat 65 Portland Road, Kennebunk 207-569-0999 thedailysweatkennebunk.com

### **Galentine's Watercolor and Wine at Earth - 4 PM**

Sip wine, savor bites, and paint with friends this Galentine's Day! Create your own watercolor masterpiece with guidance from local artist Diane at Earth at Hidden Pond. Earth at Hidden Pond 354 Goose Rocks Rd, Kennebunkport 207-967-6550

earthathiddenpond.com

### **Guided Meditation Class - 4:30 PM**

Find your inner calm this February with transcendental meditation and Tibetan Bowl healing at Cape Arundel's Tree Spa Pop-Up. Let soothing vibrations restore balance and peace—perfect for solo or group sessions with loved ones. Cape Arundel Inn & Resort 208 Ocean Ave, Kennebunkport 800-514-0968 capearundelinn.com

### **Feb. 14th**

### **Galentines Special - 9 AM - 8 PM**

Shampoo conditioner and blow out with hot tools. Receive a single rose and chocolates from Auntie's House bakery gift shop in Kennebunk, as well as a themed photo shoot with our Valentine's Day backdrop. All for \$45, or add a haircut for just \$10. 20% off any color or blonding service for new clients! Turning Heads Salon 73 York St, Kennebunk 207-204-0006 turningheadshairstudio.net

### **Charcuterie Board Making Class at Mainly Maker's Studio - 6 PM**

Come join master craftsman, Donald Oakes, at the studio as we create a custom heart-shaped charcuterie board made from locally sourced tiger maple. Participants will enjoy savory treats, bourbon tasting and music in our cozy studio at this alcohol-friendly event.

Mainly Makers Workshop 3 Warrens Way, Kennebunk 207-205-3247 mainelymakers.com

### **Feb. 15th**

### **Rosella's Sake & Citrus Affair Classes - 1 PM**

Celebrate Valentine's Month with sake, orange wine, and pét-nat in a flavorful experience that blends culture, craftsmanship, and love! Rosella KPT 1 Chase Hill Road, Kennebunk 207-967-6540 rosellakpt.com

### **Cocktail Classes at The Burleigh - 2 PM**

Celebrate Paint the Town Red with romantic cocktail classes at The Burleigh. Sip, shake, and savor a fun-filled February!

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### **Après Ski Party at KW Contemporary Art - 3 PM**

Join us for a cozy après event filled with good vibes and great company. Bring your friends and enjoy the après ski atmosphere right here in town. From alpine inspired foods, ski movies, refreshments and more, don't miss out on this unique event - see you there! **COSTUME CONTEST- the best**

après wear will win a \$500 gift certificate to KW Contemporary Art! KW Contemporary Art 184 Port Road, Kennebunk 207-204-0480 kwcontemporaryart.com

### **Feb. 20th**

**Laser Genesis or Pico Laser Facial Raffle Prize - 9:30 - 5:30 PM** Every Thursday, Enjoy 15% OFF Aesthetic Laser Services, Facials, Brow Laminations & IV Treatments! Walk-in for your chance to WIN a FREE Treatment via our Raffle!

207 Laser 45 Portland Road, Kennebunk 207-807-9376 207laser.com



### **Feb. 21st**

**Galentine's Day 'Celebrate the Love of Friendship' - 5 PM** Celebrate the love of friendship with wine, lite bites, essential oils, & empowering conversation with us!

Caring Community Cuisine 2 Pier Road, Kennebunkport 207-204-0707 exploretock.com/cc

### **Feb. 22nd**

### **Rosella's Sake & Citrus Affair Classes - 1 PM**

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### **Feb. 23rd**

### **Yoga Nidra at Salt Works - 6:15 PM**

About Salt Therapy While you relax and breathe, the super absorbent, antibacterial and anti-inflammatory dry salt absorbs allergens, toxins and foreign substances providing a state of relaxation, rejuvenation and healing that only Salt Therapy can bring. For this class we recommend wearing a t-shirt + shorts so the salt can work its magic.

The Daily Sweat 65 Portland Road, Kennebunk 207-569-0999 thedailysweatkennebunk.com

### **Feb. 27th**

**20 Units of Botox Raffle Prize- 9:30 AM - 5:30 PM** Every Thursday, Enjoy 15% OFF Aesthetic Laser Services, Facials, Brow Laminations & IV Treatments! Walk-in for your chance to WIN a FREE Treatment via our Raffle! 207 Laser 45 Portland Road, Kennebunk 207-807-9376 207laser.com