

SPOTLIGHT



a weekly feature of the Kennebunk-Kennebunkport-Arundel Chamber of Commerce

Adrienne McAuley Physical Therapy

Owner?

Adrienne McAuley

How long in business?

16 months in Kennebunk!

Primary business/service offered?

Physical Therapy

What makes your business special?

I am a manual orthopedic physical therapist and apply that skill, knowledge, and evidence to working with people of all genders who have back, hip, and pelvic health concerns. I have a balanced approach of education, manual hands-on therapy, and exercise prescription to meet the needs and goals of each individual - the right treatment for the right person at the right time is essential to success.

I am board certified in orthopedic physical therapy through the American Board of Physical Therapy Examiners and also hold an advanced certification as a Pelvic Rehabilitation Practitioner.

Something people don't realize about your business/services?

I participate with the following insurances: Aetna, Anthem BC/BS, Cigna, Community Health Options, Harvard Pilgrim, Medicare, and Taro Health.



The right treatment for the right person at the right time is essential to success.

Best thing you sell/serve/do?

My mission is to provide the highest quality 1:1 physical therapy in order to help people function at the level they desire. Most of the people with whom I work have had months or even years of symptoms and not had success with other treatments. My approach is twofold: 1) treat the cause, not just the symptoms, and 2) teach you self-care strategies for long term benefits.



Adrienne McAuley
Physical Therapy

Contact Information

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